



## Troop 119

### Winter Backcountry High Adventure Trip

March 6-7, 2010

**TRIP DESCRIPTION:** The weather and trail conditions can vary greatly over time, impacting both safety and ease for different trips. To best leverage the options, the group will decide the final trip route together on Feb 25 at the meeting and confirm the choice on the March 4<sup>th</sup> meeting. Possible trips include:

- **Mt. Carrigain Summit:** Park at Sawyer River parking lot on Route 302. Hike, ski or snowshoe approximately 4 miles to a rough winter camp (no shelter). Hike or snowshoe to the summit of Mt. Carrigain (4,700). Return to camp, pack up and exit to the cars – 14 miles.
- **Sawyer Pond:** Park at Sawyer River parking lot on Route 302. Hike, ski or snowshoe approximately 6.5 miles to the Sawyer Pond shelter. Return to the cars at Route 302 or hike through to a shuttle vehicle at Passaconaway Campground on Kancamagus Highway – 13 miles.
- **Trypyramid Loop:** Park Sabbaday Brook Trailhead. Hike or snowshoe approximately 2 miles to a rough camp (no shelter). Hike or snowshoe to the summits of Middle (4,140) and North Trypyramid (4,180) with full packs and return to a shuttle vehicle by way of Pine Bend Brook Trail – 9.4 miles. *This is an adventure and discovery trip since no one has done it.*
- **Great Gulf Wilderness:** Park at the Great Gulf Trail trailhead. Hike, ski or snowshoe approximately 2.6 miles to Osgood Tentsite or alternative rough camps (no shelters). Hike or snowshoe to the summit of Mt. Madison (5,367) or Madison Hut (not open). Return to camp, pack up and exit to the cars – 9.2 miles

**WHO CAN GO:** Scouts 14 years and older, in good shape, who have participated in at least two Troop 119 winter overnight trips and 2 strenuous T119 hiking trips, at discretion of Scoutmaster.

**DEPARTURE:** 6:00 AM March 6. Meet at Hancock Church. Scouts will be dropped off at home Saturday afternoon or evening, depending on the final route decided on.

**WEATHER AND CONDITIONS:** Be prepared for below zero winter conditions - or rain – with no access to shelter. Check this site for Higher Summits weather forecast before trip, (also see Mt. Washington Valley forecast to right): [http://www.mountwashington.org/weather/summit\\_forecast.php](http://www.mountwashington.org/weather/summit_forecast.php)

**TO PACK:** This is backcountry winter camping. Pack carefully. The following site has some good lists – not all of the equipment listed is needed because this is a one-night camping trip. BRING ALL QUESTIONS TO THE MEETING. <http://www.outdoors.org/publications/outdoors/2002/2002-winter-gear.cfm>

**MANDATORY PRE-TRIP MEETING/FORMS DUE. Thursday Feb 25th , during regular scout meeting:** We'll assess snow conditions in the White Mountains and decide together on a trip objective, review trip gear, route(s), pull backpacking stoves and cook kits together and check them.

**FOOD:** Scouts will cook on backpacking stove in small groups. Menu/s will be decided at 2/25 meeting. Bring a trail lunch and snacks for Saturday, and snacks for the car rides.

**COST:** Scouts \$10. Adults \$10, plus money for dinners on Fri. and Sat. night.

Questions? Call Mr. Waters in the evening 781-860-9630.  
Bring forms to meeting 2/25, or mail to WATERS, 16 Webb St., Lexington, MA 02420

## Medical Waiver & Permission Slip Winter Backcountry High Adventure Trip, Mar. 6-7, 2010

\_\_\_\_\_ has my permission to participate on the Winter Backcountry High Adventure Trip, March 6-7, 2010

I give permission to the leaders of Troop 119 to render First Aid to \_\_\_\_\_, should the need arise. In the event of an emergency, I also give permission to the physician, selected by the adult leader in charge, to hospitalize, secure proper anesthesia, order injection, or secure other medical treatment, as needed. I further agree to hold the above named unit and its leaders blameless for any accidents that might occur during this outing except for clear acts of negligence or non-adherence to BSA policies and guidelines. As with most such events, there will be significant time spent outdoors with significant physical exertion. The patrol method will be followed and most food will be prepared by scouts with minimal adult supervision.

\_\_\_\_\_  
Parent or Guardian's signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Please print name

M E D I C A L	<p>Please list any allergies/dietary restrictions below:</p> <p>_____</p> <p>_____</p> <p>All medications, except for epipens and inhalers, must be surrendered to the Scoutmaster or designated leader upon drop-off. Please list any medications, including epipens and inhalers that your son might take or use during the event:</p> <table style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left; border-bottom: 1px solid black;">Medication</th> <th style="text-align: left; border-bottom: 1px solid black;">Time of day taken</th> <th style="text-align: left; border-bottom: 1px solid black;">Amount</th> </tr> </thead> <tbody> <tr> <td style="border-bottom: 1px solid black;"> </td> <td style="border-bottom: 1px solid black;"> </td> <td style="border-bottom: 1px solid black;"> </td> </tr> <tr> <td style="border-bottom: 1px solid black;"> </td> <td style="border-bottom: 1px solid black;"> </td> <td style="border-bottom: 1px solid black;"> </td> </tr> </tbody> </table>	Medication	Time of day taken	Amount						
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C O N T A C T	<p>During the event, I can be contacted at (please list all numbers):</p> <p>_____</p> <p>_____</p> <p>If I can not be contacted, please contact (name and numbers):</p> <p>_____</p> <p>_____</p>
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V O L U N T E E R	<p>Name: _____ Cell Phone: _____</p> <p>Comments: _____</p> <p>I am willing to chaperone _____</p> <p>Besides myself, I can carry _____ scouts and _____ packs.</p> <p>Car make and model _____ Pod? _____</p>
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C O S T	Scout (\$10):	
	Adult (\$10):	
	Total Enclosed:	